



# Cynthia Cavanaugh

LIVE BOLD. LEAVE A LEGACY.

“ I AM PASSIONATE ABOUT HELPING YOU FLOURISH, FIND PURPOSE IN YOUR PAIN, AND WALK IN GODLY CONFIDENCE.

**CYNTHIA CAVANAUGH** knows what it's like to walk through painful seasons, church hurt, and relationship struggles. Her story of brokenness has propelled her to write, speak, and help others heal through the pages of God's Word. When the storms hit, God's truth is what anchors her in adversity.

She is the award-winning author of several books, a speaker and leadership influencer. She holds her MA in Leadership from Trinity Western University and is the small group director at her church.

Cynthia is also a certified Life Coach and the host of the podcast, The Soul Anchor. She lives in the Pacific Northwest and loves scavenging the beach for sea glass with the grands. She is a connoisseur of fine black tea and good dark chocolate. What even is fancy coffee?

What will your legacy be?



[CYNTHIACAVANAUGH.COM](http://CYNTHIACAVANAUGH.COM)

If you would like to inquire about having Cynthia speak at your church, conference, retreat, or event as a keynote or workshop presenter please email [cynthia@cynthiacavanaugh.com](mailto:cynthia@cynthiacavanaugh.com).



"Humility, tenderness, and humor mark Cynthia's connection with women. Cynthia's own story communicates on a deeply personal level—a level women resonate with." — **Jacqueline Welsh, Former V.P., Focus on the Family Canada**

## SPEAKING TOPICS

### TRUTH FACTOR

Real truth for real women. Audiences will learn, *What is God's truth and what do I believe? Why Truth Matters—Consequences for Living in the Gray. Why Truth Matters in a Crisis.*

### FAITHFUL LIVING FOR LASTING INFLUENCE

Using the good kings of Judah who followed God despite adversity, Cynthia brings a message based on her latest Bible Study from Moody Publishers, *The Godly Kings of Judah: Faithful Living for Lasting Influence*. Audiences will walk away with understanding how our decisions we make today impact our legacy tomorrow.

### DARE

Discover from the Bible how to—Dare to ASK, Dare to BELIEVE, Dare to be MISUNDERSTOOD, Dare to DREAM and Dare to FORGIVE.

### UNLOCKED

Broken, messy, imperfect women like Jael, Rahab, Ruth, and others surrendered their fears and questions to God and history was changed. Walk with Cynthia through the lives of these everyday women in the Bible who chose to believe God and used their ordinary life for extraordinary influence.